

NSWRU PLAYERS' GUIDELINES

The NSWRU Players' Guidelines will be used in conjunction with the RA Code of Conduct which can be found on their website at [RA C of C](#).

By representing yourself in an honest manner, you will endeavour to uphold the following to the best of your ability:

1. Be a good sport, displaying modesty in victory and graciousness in defeat.
2. Accept the decisions of Match Officials. If in doubt ask your captain to clarify the issue when there is a break in play.
3. Play to the best of your ability, within the laws of the game and the competition rules.
4. Control your temper – do not become physically or verbally abusive.
5. Treat others as you would wish to be treated.
6. Treat everyone equally regardless of ability, gender, sexual orientation, cultural background or religion.
7. Honestly evaluate your own performance and incorporate advice from others so that you may improve your playing.

'Respect Rugby'

